

Aim

- I can identify how a message can hurt someone's feelings.
- I can say how I should respond to a hurtful message online.

Success Criteria

- I know how to respond to a hurtful message or comment online.
- I can edit my own messages and comments to make sure I am not being unkind.
- I can explain why other people may be hurt by messages or comments.

Sticks and Stones...



Sticks and stones may break my bones, but words can never hurt me.

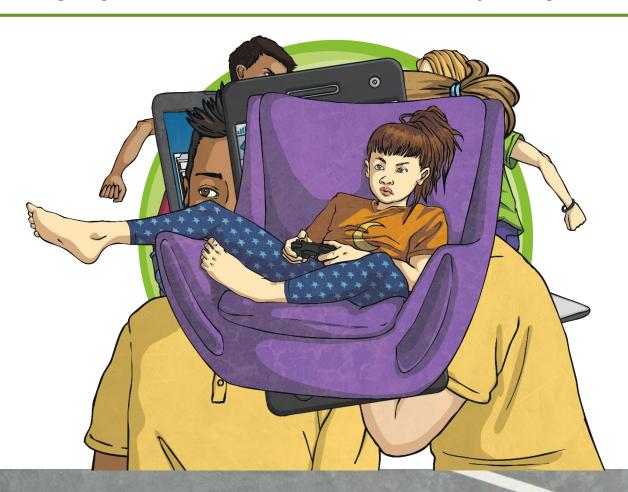


Is this true? In your group, decide if you agree with this saying. You might not **all** agree; you might only agree with it **sometimes**... that's fine!

Try to think of examples that back up your decision.

Hurtful Words

Where might you hear or see words that are hurtful to you or others?



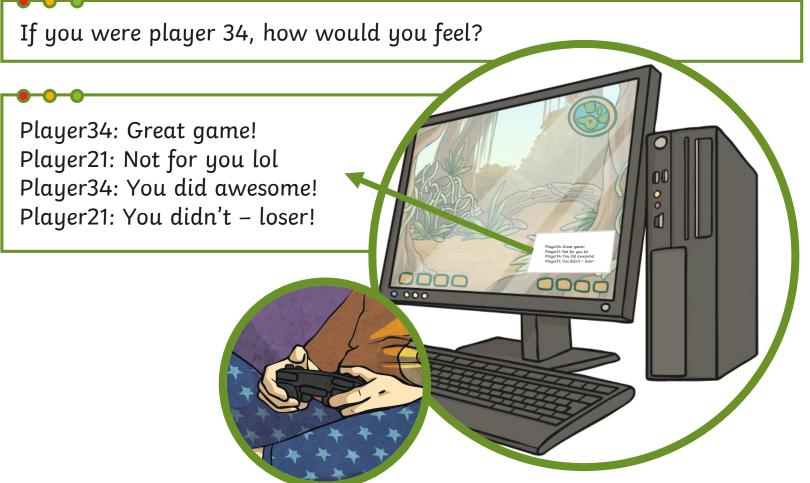
Hurtful Words

If somebody keeps saying hurtful things on purpose, we might count that as bullying.

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It can be just the same online.

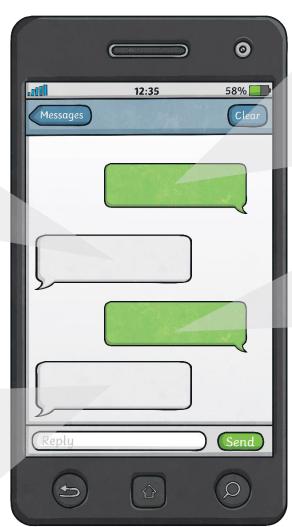






Yeah I was invited.

Are you surprised?! He doesn't like you at all!



Hey did you go to Akeem's party?

Oh right, I wasn't.



Email Message 📙



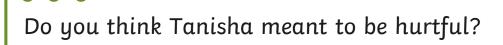
Inbox X



Tanisha

Hi Jo, can you please send me that photo from last weekend? I have one of us all and you look really bad in it! Ha! x Tanisha x

Click here to Reply or Forward

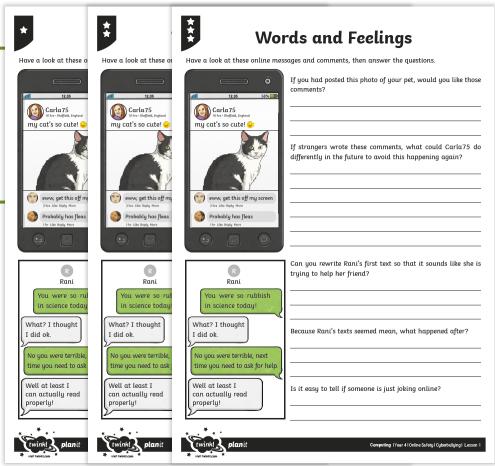


It's sometimes hard online to let people know that you are just being silly. What could Tanisha have written instead?





Read the messages on your **Words and Feelings Activity Sheet** then answer the questions.





If you receive a mean message online from a friend, what should you do?

What if the message is from someone who isn't your friend?

What about if the message is from a stranger on a game or chat site?

What should you do if you think **you** hurt someone's feelings online?



You should always tell a trusted adult if you are worried about something you see or do online.

If the message is from a stranger, don't reply, just ask an adult to help block them.

If you think you might have written something mean, you should say sorry and remove the comment if you can.

Remember to think about how hurtful your words could be when writing something online.

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