Before and after lockdown

Today I would like you to try to write a list poem that describes a favourite place of yours and how lockdown has changed it. It links to feelings of joy, which changed when lockdown happened.

Pick a place or an activity that you would like to write about. There are hundreds of possibilities. Here are just a few:

Classroom school playground park
Sports club Grandparent's house
Birthday party Swimming pool Football club

You will think of nouns that you might find there to help with your writing.

When writing your poem today, try to include some examples of alliteration and perhaps a simile or a metaphor!

Here I have chosen the park as my example:

What would you see? (nouns)	List things you do when you feel happy (verbs)	List things you do for a different mood when you feel sad (verbs)
Slide	Dance	Sulk
Swing	Giggle	Sleep
Trampoline	Squeal	Moan

Before lockdown, in the park, I saw...

A soaring slide giggle

A quivering trampoline dance

And a smiling swing sing

After lockdown, in the park, I saw...

A lonely slide sulk

A gloomy trampoline tremble

And a grinning swing groan

Your turn

Decide on your favourite place or activity. Think about what you do there and how you felt before and after the lockdown?

Writing Tip: Make your mood or feelings opposite. For example,

happy/sad; excited/bored; confident/scared

Here are some opposite mood/feelings posters to help you get started.

Poster A		Poster B	
excited	bored	confident	scared
jump scream	sigh frown	march stomp	shake shiver
run	yawn	stride	Whisper
bounce squeal	shuffle moan	strut swagger	cry stare
Shout	groan	boast	sob

What would you see in your favourite place/activity? (nouns)	List things you do when you feel positive e.g. happy (actions – verbs)	List things you do when you feel negative e.g. sad (actions – verbs)

Use my example above to help you write yours ©