

# GOOD NEWS

### ACTS OF GOODNESS.

What do you understand by the word goodness?

Whenever we perform an act of goodness, even the smallest good deed, it pleases God and sets an example for others to see and to follow.

# **ACTS OF GOODNESS**









#### A READING FROM THE GOSPEL OF MATTHEW 5: 13-16





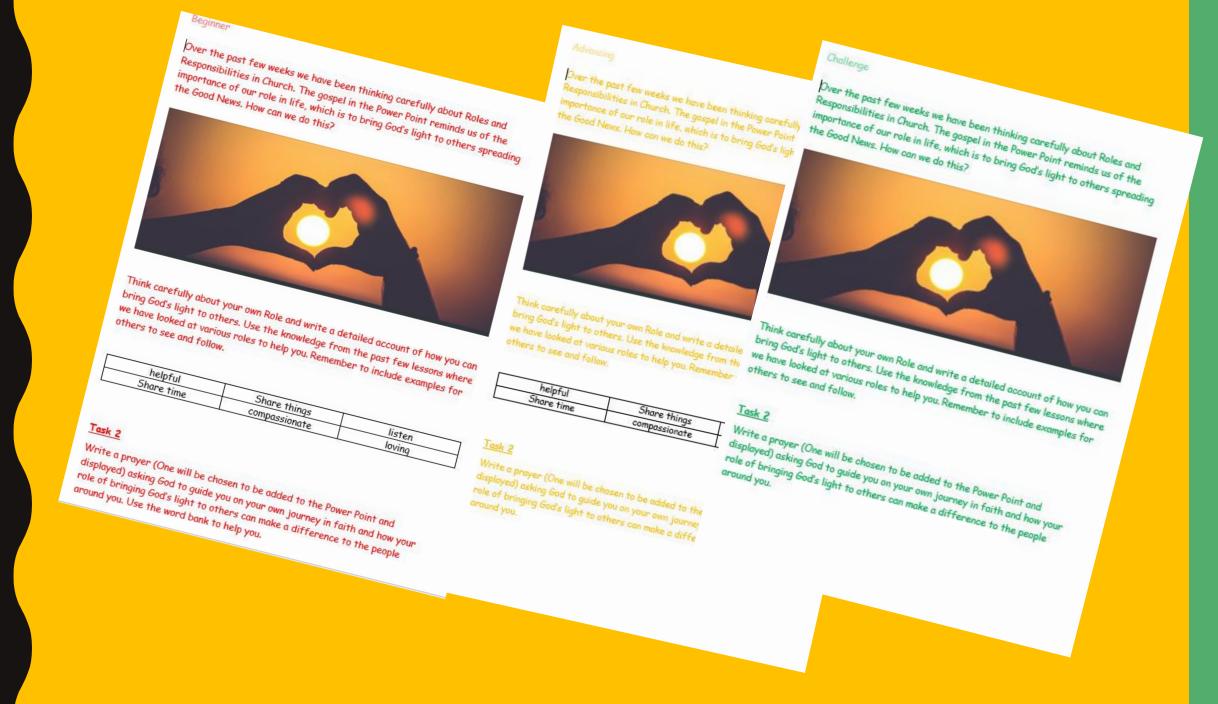
Jesus said to his disciples: You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing and can only thrown out to be trampled underfoot by men. You are the light of the world. A city built on a hill top cannot be hidden. No one lights a lamp to put it under a tub; they put it on a lamp stand where it shines for everyone in the house. In the same way your light must shine in the sight of all people, so that, seeing your good works, they may give the praise to your father in heaven.

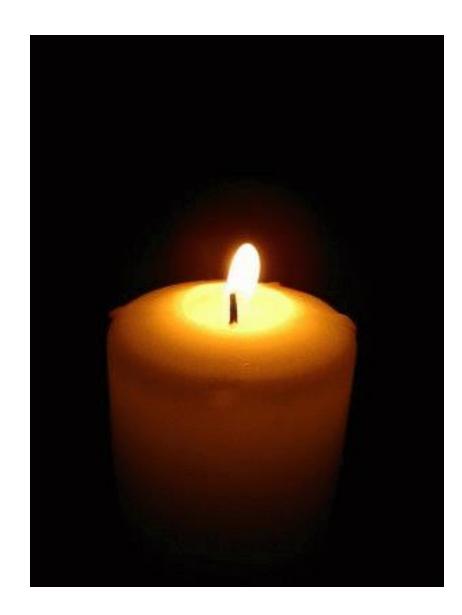
> This is the Gospel of the Lord. ALL: Praise to you Lord Jesus Christ

The gospel reminds us of the importance of our role in life, which is to bring Gods light to others.

How can we do this?

- compassionate
- caring
- Share things
- Listen
- Share time
- helpful





#### Let us pray

Kind and Loving God,

we thank-you for those who worked in good faith to spread the Good News of the Gospel so that we might know of your love and forgiveness in our Lord and Saviour, Jesus Christ. Help us to live lives that reflect that love, and to find ways to share the Good News with others. In Jesus' name we pray,

Amen.