



# Around the World

Menu

To locate different countries on a world map.

To have some understanding of the different foods that are eaten around the world.

To use internet or books to research spicy foods that are eaten around the world!

## **Amazing Fact**

According to a 2015 survey, people who eat spicy foods tend to live longer.

## **Challenge**

Most supermarkets and restaurants offer an enormous range of foods from many countries around the world. Some of these foods can be extremely spicy!

I LOVE spicy food some of my favourite meals are:

- Chilli
- Curry

I also like to add chilli to my food to make it extra spicy!

Have a look at the video link which shows children trying spicy food from around the world. Would you be that brave? The video clip is very funny!

<https://www.youtube.com/watch?v=M9W3KWRkTzs>



Look at the countries of the world on the following slides and a range of different spicy foods that originate from that place.

Have you eaten any of these dishes?  
Maybe you've been out for a curry!



**Thailand**

# Thai Green Curry



twinkl.com



**India**



# Rogan Josh



rogan josh by the\_garden | a rambhadrar [CC BY NC](#)

# Egypt



# Fattah





**Mexico**



# Taco



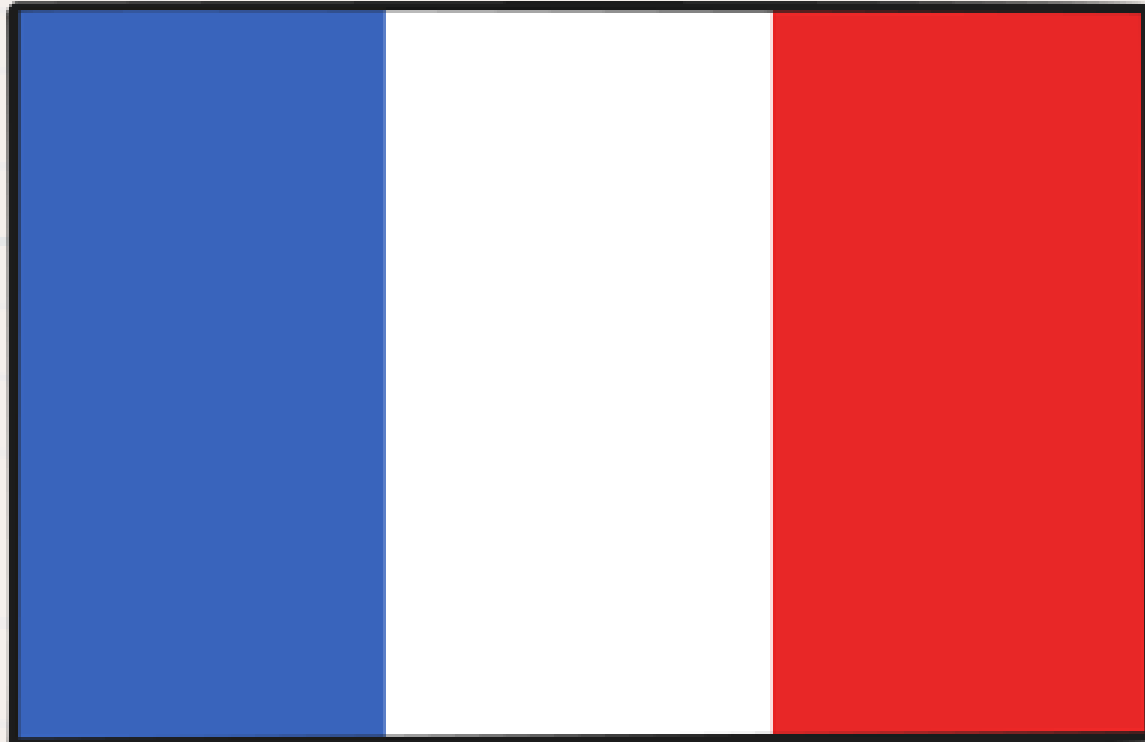


# Jamaica



# Jerk Chicken





**France**

**Using the internet or books can you research a spicy food that originates from France and then choose another 6 countries around the world. Use the information to complete the attached worksheet. Write the name of the country, draw the flag and then draw or print off the dish and add it to the sheet.**



## Food around the World

### Amazing Fact

According to a 2015 survey, people who eat spicy foods tend to live longer.

### Challenge

Most supermarkets and restaurants offer an enormous range of foods from many countries around the world. Some of these foods can be extremely spicy!

Use your own knowledge, non-fiction books or the Internet to complete the table below. You may wish to sketch some examples of the types of food eaten in the countries listed. Some have been left blank for you to research countries you are interested in.

Country	Flag	Types of Spicy Food
Thailand		
India		
Egypt		
Mexico		
Jamaica		
France		

Country	Flag	Types of Spicy Food

You could also try to find out:

- what capsaicin is;
- where chilli plants originated from;
- how you can build your tolerance to spicy food.





# Extension

As an extension label these countries on a blank world map. I have added this map to the home learning pack.



