



Archdiocese of Birmingham
Our Lady of Grace Catholic Academy
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Dear Parents and Carers,

We would like to let you know that the UK Health Security Agency (UKHSA) has issued heat-health warnings for the Midlands this week, ranging from Amber to Red.

At Our Lady of Grace Catholic Academy, the safety and wellbeing of our children is our highest priority. We have put measures in place to help keep everyone safe and comfortable during the hot weather, following guidance from the Department for Education (DfE), UKHSA, and health and safety professionals. The DfE does not advise schools to close during periods of hot weather. To support the children during this time, we will be:

- Reminding children to bring a named water bottle, sun cream (high SPF) and a suitable hat each day.
- Opening windows early in the morning to let in cooler air and closing them during the hottest parts of the day.
- Using blinds or curtains to keep classrooms cool, while still allowing fresh air to circulate.
- Using fans in classrooms where appropriate (up to 35°C).
- Adapting activities, especially PE, to avoid vigorous exercise in the heat.
- Reducing the amount of time children spend outdoors at lunchtime and encouraging them to stay in shaded areas.
- Ensuring that drinking water is always available throughout the school day.
- Continuing with our temporary uniform adjustments to help children stay comfortable.
- Monitoring the weather conditions closely and following all official guidance.

We would really appreciate your support by ensuring your child comes to school prepared for the warm weather.

Thank you for your continued support.
Yours sincerely,

Mrs Rathbone
Executive Principal