



# Staffordshire Moorlands Family Hub

**May 2026**

Here at Staffordshire Moorlands Hub we aim to provide activities and support for children and young people 0-19 and their families to keep them happy, healthy and safe. We aim to

provide 'The Right Help at the Right Time and in the Right Place'.

Our friendly team of staff are here to help you find the right support and answer any of your questions as well as tell you about the range of services and activities offered in Family Hubs. The activities we provide are delivered across the Moorlands area, including Biddulph, Leek and Cheadle.

Please feel free to contact us via Facebook or by calling the Hub or why not drop in.  
01782 297970

Activities listed as FPC are discounted for valid Free Pass Card holders.



If you need to speak to a Health Visitor please call the Hub on

0808 178 0611



Monday

**Little Doves Under 5s  
Playgroup FPC  
Waterhouses Methodist Chapel, ST10 3HN**

Fun & Friendly baby & toddler group. Free play, craft, dancing and bubbles!  
Drop in 9.15AM - 11.00AM  
0-5 years £2.00 per family  
For details go to @Little Doves Under 5s Playgroup Waterhouses

**Craft & Play  
St Giles The Abbott Cheadle ST10 1HU**

Come along and join Home-Start Staffordshire Moorlands for a morning of crafts and play. Suitable for Pre-school children with parents/carers.  
10:15AM- 11:45AM  
FREE - TERM TIME ONLY  
Tel: 01538 387231

**Family Matters  
Staffordshire Moorlands Family Hub, ST8 6DT**

For parents and carers who want advice and support. You can attend with or without your child.  
10AM-12:00PM  
FREE-DROP IN SO NO NEED TO BOOK  
For details call: 01782 297970



**Stay Well Prescription**  
FREE Mental Health Service for young people ages 5-18 years in Staffordshire



Scan Me



Who can refer?

- Self Refer
- Parents/Carers
- GP's & Professionals

Call: 01782 218518  
Email: staywell@staffordshire.gov.uk  
Visit: staffordshire.gov.uk

Tuesday

**Little Feet Gymnastics FPC**

**Staffordshire Moorlands Family Hub, ST8 6DT**

Semi structured gymnastics class for confident walkers upwards  
9:30AM - 10:15AM

£5.50 per session

To book a place and for more information contact Jodie on [littlefeetgymnastics@yahoo.com](mailto:littlefeetgymnastics@yahoo.com) or call 077993063393

**Craft & Play**

**Home-Start Staffordshire Moorlands ST13 6JT**

Come along and join Home-Start Staffordshire Moorlands for a morning of crafts and play. Suitable for Pre-school children with parents/carers.  
10:00AM-11:30AM FREE - TERM TIME  
Call 01538 387231 for details

**Childminders Networking Group**

**Staffordshire Moorlands Family Hub, ST8 6DT**

A group for local childminders and their minded children to meet up and play.  
9:30AM - 11:30AM 0-5 years FREE Tel: 01782 297970



Tuesday

**First Friends**

**Home-Start Staffordshire Moorlands ST13 6JT**

Come along and join Home-Start Staffordshire Moorlands for an afternoon of play. Suitable for children under 1 year with parents/carers.  
1:30PM-3:00PM FREE - TERM TIME ONLY  
Call 01538 387231 for details

Wednesday

**Caudwell Children Advice and Support Drop In**

**Staffordshire Moorlands Family Hub, ST8 6DT**

**Second and fourth Wednesday of the month**  
9:30am-12:30pm  
FREE  
For details call 01782 297970

**Endon Little Learners-Wednesdays**

**Endon Village Hall, ST9 9DR**

Play and Learn session  
9:30am-11:30am  
0-5 years -Voluntary donation of £2.50 and 50p per additional child  
Tel: Kate on 07921 253749

**Youth Hub (weekly)**

**Staffordshire Moorlands Family Hub, ST8 6DT**

Free Drop In for young people aged 9-17 years . 5:30pm-7:30pm  
Join us for loads of FREE fun activity, games, combat sports and crafting  
For details of next session call 01782 297970

Thursday

**Baby Massage /Mum & Baby Yoga FPC**

**Staffordshire Moorlands Family Hub, ST8 6DT**

10:00AM - Mum & Baby Yoga  
11:30AM - Baby Massage  
For details:  
Call Emma on 07825 302481 or  
Email: [emma\\_snape@outlook.com](mailto:emma_snape@outlook.com)

**Pregnancy Yoga FPC**

**Staffordshire Moorlands Family Hub, ST8 6DT**

7:00pm-8:00pm  
For details:  
Call Emma on 07825 302481 or  
Email: [emma\\_snape@outlook.com](mailto:emma_snape@outlook.com)

**Wonder Kids SEN Stay and Play**

**Endon Village Hall ST9 9DR**

Play and Learn session for children with special educational needs and disabilities  
9:30am-11:30am  
Unlimited Tea, Biscuits and Fruit  
0-5 years -  
£2.50 and 50p per additional child  
Tel: Kate on 07921 253749

**Stay and Play-Fortnightly**

**All Saints Kids Club ST13 5OY**

Spend time with your little one, have fun and try out lots of different activities  
10:00am-11:30am  
FREE 0-4 years  
For details call 01782 297970

Thursday

**Craft & Play**

**Kingsley Holt Centre ST10 2BQ**

Come and join Home-Start Staffordshire Moorlands for a morning of crafts and play. Suitable for Pre-school children with parents/carers.  
10:00AM-11:30AM  
FREE - TERM TIME ONLY  
Tel: 01538 387231

**Biddulph Breastfeeding Cafe**

**Staffordshire Moorlands Family Hub, ST8 6DT**

Parent Led Support Group. A chance for mums to meet other mums.  
Refreshments provided.  
FREE  
1:00pm-2:30PM Call 01782 297970 for details

Friday

**Messy Moments with Little Giggles**

**Staffordshire Moorlands Family Hub, ST8 6DT**

Come and join our \*Messy Moments\* sensory play sessions - specially designed for babies and toddlers to explore, create and learn through play  
10:00am-10:40am  
to secure your place email [littlegiggles2025@outlook.com](mailto:littlegiggles2025@outlook.com)

## Friday

### Wake Up Shake Up Breakfast Club

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Stay and Play includes Breakfast. For parents and carers with little ones aged 0-4 years. Fun and friendly group with lots of toys and soft play 9.30am-11:00am FREE  
For details call 01782 297970

### Reading Fairy FPC

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Each session develops the building blocks for learning to read through a range of play-based language activities.  
For children aged 1 year +  
Toddler Tales from 1 year + at 9:30am  
Story Stars from 2 years + at 10:30am  
£5:00 per session To book call 07725 691627 or email lisa.reader@readingfairy.com

### Leek Breastfeeding Group

#### **Homestart Staffordshire Moorlands ST13** **6JT-Fortnightly**

A parent-led breastfeeding support group. A relaxed and friendly environment within which to discuss issues and develop confidence.  
1.00PM - 2.30PM 0 - 5 years  
FREE  
Facebook: @leekbreastfeeding  
Tel: 01782 297970

### Wonder Kids SEN Stay and Play

#### **Staffordshire Moorlands Family Hub ST8** **6DT**

Play and Learn session for children with special educational needs and disabilities  
1:00pm-2:30pm  
0-5 years- FREE  
For details call 01782 297970

## Weekly

### School Nurse Drop In

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Drop In-2nd Friday of each month  
No appointment needed 1:15pm-4:30pm  
For all enquiries call 0808 178 0611

### 3-4 month & 2 year Development Checks

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Monday and Wednesdays  
Appointment only  
For all enquiries call 0808 178 0611

### Well Baby Clinic

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Drop In  
Thursdays 1.30-3.30pm  
For all enquiries call 0808 178 0611

### Speech & Language Therapy

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Tuesday, Thursday and Fridays  
Referral Only.  
Appointment based  
For all enquiries call 01782 234484

### Sensory Room

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Our Sensory Room is available to book hourly  
from 9:00am-3:30pm  
£2:00 per hour  
Call 01782 297970 to book  
Maximum 2 adults and 2 children per booking

## Daily

### Wild and Free Adventure Playground Leek FPC

#### **Wild & Free Adventure Playground Leek ST13** **6BL**



Monday	10:00 - 18:00
Tuesday	10:00 - 18:00
Wednesday	10:00 - 18:00
Thursday	10:00 - 18:00
Friday	10:00 - 18:00
Saturday	10:00 - 18:00
Sunday	10:00 - 18:00

We reserve the right to close for private parties and SEN sessions. Please check out our Facebook page or give us a call on 0153528440 to confirm opening  
Thanks Wild and free. Cross Street Mill Leek ST13 6BL

## Weekly

### Youth Hub

#### **Staffordshire Moorlands Family Hub, ST8** **6DT**

Free Drop In for young people aged 9-17 years . 5:30pm-7:30pm  
For details of next session call 01782 297970

## Venues

Staffordshire Moorlands Family Hub,  
Albert Street, Biddulph, ST8 6DT

All Saints (CE) V First School, Kids Club Room,  
Cheadle Road, Leek, ST13 5QY

St Giles The Abbott Cheadle ST10 1HU

Home-Start Staffordshire Moorlands, Earl Street,  
Leek, ST13 6TJ  
Endon Village Hall ST9 9DR

Waterhouses Methodist Chapel, Leek Road,  
Waterhouses, ST10 3HN

Wild & Free Adventure Playground Leek  
ST13 6BL

Kingsley Holt Centre ST10 2BQ  
Biddulph Youth and Community Zone ST8 6NE



Please check out our Facebook page for updates and changes.  
Staffordshire Moorlands Family Hub

## Financial support for Families

**Our Services**

Consumer Service  
0800 223 1133  
fundraising@citizens.org.uk

Money Advice  
01782 408625  
money.advice@citizens.org.uk

citizens  
**advice**

Staffordshire North  
advice & Stoke-on-Trent  
help@north.citizens.org.uk

Debt Support  
0800 240 4420

Uning Staffordshire Against Hate  
0330 0881 339  
help@unah.org.uk

Core Services  
0800 278 78 76  
advice@citizens.org.uk

**Bump to Toddler Pathway**

A website full of advice and support from conception till your child turns 2 years old!



Scan me!



## Family Support



**Gingerbread Family Support Service**

Gingerbread provide 1-1 and whole family support for children aged 0-19 (and up to 25 with SEND). Together with your family and those who support you, Gingerbread focus on improving wellbeing, stability, and future opportunities.

For more information call 01782 344740

### The Early Help Team

The Early Help Team are available to talk to you about any concerns you may have about your family or child. We can offer support or signpost you to other services available in our area. Don't sit and worry have a chat with a member of the team. Contact 01782 297810



### Home-Start Staffordshire Moorlands

Being a parent is a tough job and all we need is a little help sometimes. Home-start offers support to parents to improve their confidence and build better lives for their children. For more information call 01538 387231 or visit [www.homestartsm.org.uk](http://www.homestartsm.org.uk)

## General

Staffordshire Moorlands has a range of support for you and your children. Please check out Staffordshire Connects where you will find a wealth of local services to support you and your family, from financial advice and mental health services to activity listings and SEND support.

[www.staffordshireconnects.info](http://www.staffordshireconnects.info)



## Staffordshire Moorlands Family Hub

We are excited to announce our FREE Uniform Bank is now available to all families across the Staffordshire Moorlands

### School Uniform Bank



Staffordshire Moorlands Family Hub

Advent Street  
Stoke-on-Trent  
ST7B 6DT



Call our friendly team on 01782 297970

or email us at [familyhub@staffordshiremoorlands.gov.uk](mailto:familyhub@staffordshiremoorlands.gov.uk)  
or follow us on Facebook:  
Staffordshire Moorlands Family Hub

WE WOULD LIKE TO THANK OUR PARTNERS AT SAUNSBURY'S BIDDULPH AND ENGLISH MARTIN'S FOOD BANK FOR THEIR GENEROUS DONATIONS AND THE FAMILIES OF BIDDULPH WHO HAVE DONATED ITEMS TO OUR UNIFORM BANK