# Archdiocese of Birmingham

**Our Lady of Grace Catholic Academy**

# Principal: Mrs S Rathbone, BA (Hons) NPQH

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 Friday 12th September 2025

 Dear Parents/Carers,

**National Fitness Day – Non-Uniform**

On **Wednesday 24th September** we will be celebrating National Fitness Day. To celebrate the day, children can come to school dressed as their favourite sports star or may wear sportswear clothing.

Throughout break and lunch times, children will have the opportunity to take part in various playground sports activities and games to recognise the importance of leading a fit and healthy lifestyle.

Thank you for your continued support.

Mrs Pedley

P.E. Lead